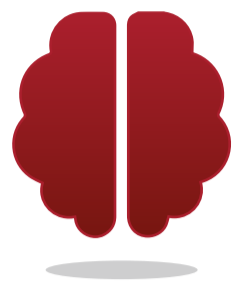


## A New Study Published in Nutrients Supports the Cognitive Benefits of Nitrosigine<sup>®</sup>

Nitrosigine<sup>®</sup> enhances working memory and cognitive function in healthy adults.



A double-blind, placebo-controlled crossover study.

Participants:  
**Young Healthy Adults**

Ages:  
**18-28**

Cognitive tests performed:

**3**

(RBANS, Digital Image Pairs, and Digital Symbol Match)

## THE COGNITIVE TESTS



### Repeatable Battery for the Assessment of Neuropsychological Status (RBANS)

analyzes immediate memory, visuospatial/constructional, language, attention, and delayed memory.



### Digital Image Pairs

measures visual recognition and memory.



### Digital Symbol Match

tracks processing speed and executive functioning.



## WHAT THE RESULTS SHOW

Nitrosigine<sup>®</sup> supplementation resulted in:

**11%** ↑ Increase in total RBANS scores.

**27%** ↑ Increase in immediate memory scores.

When compared to the placebo group, Nitrosigine<sup>®</sup>:

Significantly improved working memory performance.

Maintained delayed memory scores.



The results align with previous findings where Nitrosigine<sup>®</sup> supplementation increased nitric oxide levels, which **improved mental focus, working memory, and acuity.**

**Nitrosigine<sup>®</sup> is a patented complex of Bonded Arginine Silicate that is designed to deliver benefits essential to peak sports performance.**

To learn more and find products featuring Nitrosigine<sup>®</sup>, visit:  
[Nutrition21.com/Nitrosigine](https://www.Nutrition21.com/Nitrosigine).